

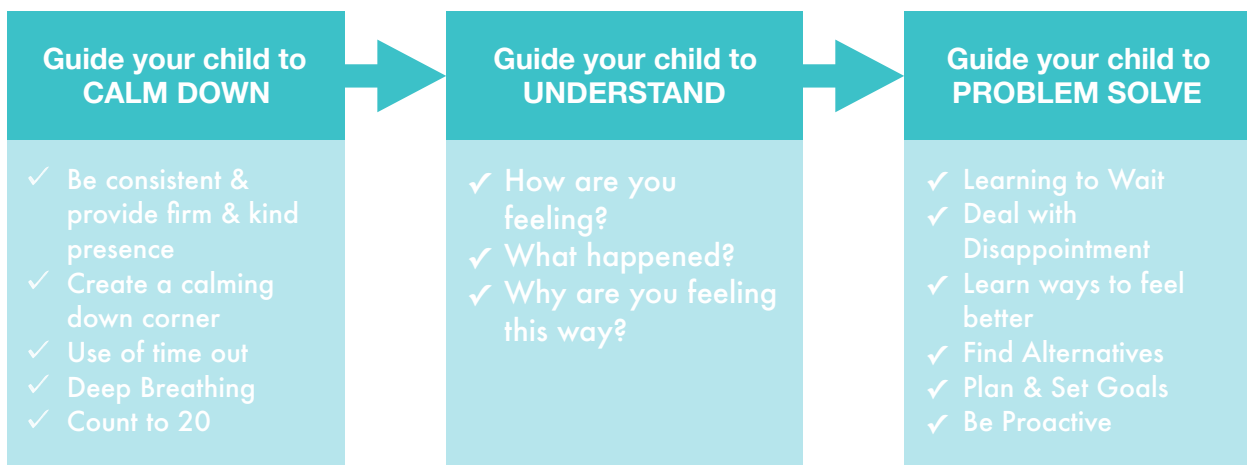
HELPING CHILDREN NAVIGATE THRU DIFFICULT EMOTIONS

Thank you for joining us today to learn more about “Helping Children Navigate Through Difficult Emotions.” We hope you find the content relevant & insightful. Below are some key pointers of the webinar to aid you in your journey of guiding your child to navigate through difficult emotions:

SUMMARY

1. What are your goals & expectations when helping your children navigate through difficult emotions?

2. 3-Tier Scaffold for Emotional Learning:



3. What will you do differently to help your child navigate through difficult emotions?



For more resources on how to help your children calm down and regulate their emotions, visit our [website](#) below to find out more. Follow us on [Facebook](#) and/or [Instagram](#) for topics on emotional wellness, parenting tips and many more.



RESOURCES